

Cub Scout



Advancement and Electives Outlines

Developed by Lisa Scarbrough

August Outline

Meeting 1 : Open House Night

- Mountain Lion – Req. 1
 - Put together Cub Scout Six Essentials
 - Leader Guide pg 39
 - Page 8 workbook

Meeting 2: Lion's Honor – Being a Cub Scout

- Lion's Honor Req. 1, 2, 3
 - Introduction game
 - Salute or Sign game
 - Den Poster
 - Leader guide page 26-27
 - Lion Handbook page 5
- Establish Den Code of Conduct
 - Leader guide page 21

September Outline

Meeting 1: Lion's Honor – Being a Cub Scout

- Leader guide pages 11-14
 - Explain the Scout Motto, Oath and Law
 - Pick an activity or two from the Making the Scout Law Fun handout

Meeting 2: Mountain Lion - SAW

- Mountain Lion – Req. 2
 - SAW (Stay, Answer, Whistle)
 - Leader Guide pg 40
 - Page 8 workbook

Meeting 3: Mountain Lion – Respect for Nature and Animals

- Mountain Lion – Req. 3
- Go over outdoor code and leave no trace principles
- Coloring sheet

Pack Campout – September 27-29 at KT Wallace

- Camping for Lions is OPTIONAL; Activities should be scheduled for Saturday
- Mountain Lion – Req. 3 Learning Hike
 - Lions bring their six essentials for the hike
 - Leader guide page 42
 - Completes all requirements for Mountain Lions
- Lion's Honor – Req. 4, 5
 - Play a game with your den and show teamwork and good sportsmanship
 - Participate in an outing
 - Leader guide page 26
 - Completes all requirements for Lion's Honor

October Outline

Meeting 1: Fun on the Run – Fitness

- Fun on the Run - Req. 1, Activity 1
 - Leader guide page 30
 - Jump Rope Chant (Leader guide page 32)
 - Head, shoulders, knees and toes song

Meeting 2: Fun on the Run – Nutritious Snacks

- Fun on the Run – Req. 2
 - Activity 2, Leader page 32
 - Have families contribute items to the snack making
 - Optional USDA My Plate coloring sheet

Meeting 3: Fun on the Run – Jungle Field Day

- Fun on the Run – Req. 4
 - Leader guide page 32-33
 - Have each parent/Lion team set up one station for the field day

Meeting 4: Fun on the Run – Rest

- Fun on the Run – Req. 3, Understand the importance of sleep
 - Sleep maze sheet
 - Additional explanations: <http://sleepforkids.org/index.html>
 - Workbook page 6, Leader page 31 Activity 3
 - Completes Fun on the Run

Council Campout – October 25-27 at Black Creek Scout Reservation

- Haunted Trail
 - Parents need to register their Cubs and families with the Council website directly
- Camping is OPTIONAL for Lions

November Outline

Meeting 1: Animal Kingdom – Scouts Help Other People

- Animal Kingdom – Req. 3
 - Leader book page 34
 - Leader book page 35 Talk Time item 1
 - Take home handout/energy audit and activities

Meeting 2: Animal Kingdom – Community Service Member

- Animal Kingdom – Req. 3
 - Workbook page 7

Pack Campout – November 15-17

- Camping for Lions is OPTIONAL
- Animal Kingdom – Req. 4 Scouting for Food service activity on Saturday
- Jesus and Me religious emblems program (Friday and Saturday)
- Animal Kingdom – Req. 1 Community Servicemember visit
- Animal Kingdom – Req. 2 Emergency Preparedness game
- Animal Kingdom completed

December Outline

Meeting 1: King of the Jungle – Leadership

- King of the Jungle – Req. 2, 3
 - Leader book page 45, 46
 - Activity 1: Follow the Leader
 - Activity 2: Citizen Lion
 - Workbook page 9

Meeting 2: King of the Jungle – American Flag

- King of the Jungle – Req. 1
 - Have Webelos/AOL come demonstrate a flag ceremony
 - Activity 3: Flag Mosaics (Leader book page 45)
 - Flag coloring sheet
 - King of the Jungle completed

Lion Rank Note:

Once the five required adventures have been completed (Lion's Honor, Mountain Lion, Fun on the Run, Animal Kingdom, and King of the Jungle), the Lion has earned their Lion rank and may now receive their rank patch for their uniform.

January Outline

Meeting 1: I'll Do it Myself - Personal Care

- I'll Do it Myself – Req. 2, 3
 - Leader book page 51
 - Activity 2: Personal Care Checklist
 - Workbook page 11
 - Practice tying shoelaces (Activity 3)

Meeting 2: I'll Do it Myself – Lion Bag

- I'll Do it Myself – Req. 1
 - Leader book page 51
 - Activity 1
- Completes I'll Do it Myself adventure

Meeting 3: January 21 - Pack Outing to Warnell Center

- Nighttime Bat Program

January 31 – February 2: Pinewood Derby Campout at KT Wallace

- Camping is OPTIONAL for Lions
- Pinewood Derby Races will be on Saturday

February Outline

January 31 – February 2: Pinewood Derby Campout at KT Wallace

- Camping is OPTIONAL for Lions
- Pinewood Derby Races will be on Saturday

Meeting 1: Pick My Path – Actions and Consequences

- Pick My Path – Req. 1
 - Leader book page 56
 - Activity 1: Emotion Charades
 - Activity 2: Pick My Path
 - Workbook page 12
- Pick My Path – Req. 2
 - Leader book page 54 – Lions should do this as homework and draw a picture or tell about it at the next den meeting.

Scout Sunday and Blue and Gold – Sunday, February 9

Meeting 2: Pick My Path – Games

- Pick My Path – Req. 3
 - Leader book page 57-58
- Completes Pick My Path adventure

Meeting 3: Gizmos and Gadgets – Motion and Force

- Gizmos and Gadgets – Req. 1, 2
 - Leader book page 60
 - Activity 1
 - Activity 2

March Outline

Meeting 1: Gadgets and Gizmos - Creations

- Gadgets and Gizmos – Req. 3
 - Leader book page 60
 - Activity 4: Genius Kits
 - Workbook page 13
- Completes Gadgets and Gizmos adventure

Meeting 2: On Your Mark - Challenges

- On Your Mark – Req. 1, 2
 - Leader book page 63
 - Activity 1
 - Activity 2 (Have each family contribute one challenge to the obstacle course)

Meeting 3: On Your Mark – Box Derby Race

- On Your Mark – Req. 3
 - Leader book page 63, 64
 - Parents need to provide a box to be decorated for their Lion
 - Parents should help set up stations as pit crew (see page 64)
 - Workbook page 14
 - Completes On Your Mark adventure

April Outline

Spring Break Activity: Ready, Set, Grow – Grow Something

- Homework Ready, Set, Grow – Req. 3
 - Give parents a copy of page 77 and have families plant the garden over spring break
 - Families should bring in photos or drawings to Den Leader to complete requirement
 - Workbook page 17 & 21

Meeting 1: Build it Up, Knock it Down – All in One Meeting

- Build it Up, Knock it Down – Req. 1, 2, 3
 - Leader book page 66-69
 - Building Imagination activity
 - Cup Stack Relay activity
 - Good Job, Lion activity
 - Workbook page 15
- Completes Build it Up, Knock it Down adventure

Meeting 2: Ready, Set, Grow – Gardening Skills

- Ready, Set, Grow – Req. 1, 2
 - Leader book page 76
 - Activity 1 – Gardening Expert
 - Activity 2 – Build a Model Plant
- Will complete requirements for Ready, Set, Grow if families did the plant growth over the spring break.

May Outline

Meeting 1: Rumble in the Jungle – Jungle Animals

- Rumble in the Jungle – Req. 2
 - Leader book page 73
 - Activity 2: Animal Noises and Parade
 - Workbook page 16

May 9: Jamboree on the Trail Pack Outing

- Georgia Southern Center for Wildlife Education

Meeting 2: Rumble in the Jungle – Game Time

- Rumble in the Jungle – Req. 1
 - Leader book page 73
 - Activity 1: Team Game
- Will complete requirements for Rumble in the Jungle