

# Pack 295 Summer Camp in a Day Program

Camp K.T. Wallace Saturday, June 16, 2018

**Developed by Lisa Scarbrough** 

## **Agenda**

9:00 am - Camping Set up for families staying overnight Saturday

10:00 am - Crafts Time

- 1. Recycled bird feeder and/or birdhouse
- 2. Dreamcatcher
- 3. Fishing pole

12:00 pm - Lunch

1:30 pm - Buddy Scavenger Hunts and Games

2:30 pm - Water Olympics

- 1. Beach Towel Volleyball
- 2. Water Balloon Toss Relay
- 3. Water Cup Derby
- 4. Wet and Wild Kickball

4:30 pm - Fishing Hour

5:30 pm - Dinner

6:30 pm - Free Play

8:00 pm - Astronomy Program

10:00 pm - Lights Out

## 10:00 AM: Crafts Stations

## 1. A. Recycled bird feeder

#### Items needed:

- Paper plates
- Peanut butter
- Toilet paper rolls
- Birdseed
- String (for hangers)

## Requirements Met

• Bears: World Conservation Award

#### Reference:

https://www.pinterest.com/pin/119626933829907782/

#### 1. B. Build a birdhouse

#### Items needed:

- Paper OJ/milk carton (1 per child)
- Markers
- Twine/wire for hanging
- Popsicle sticks
- Glue

## Requirements Met

• Tigers: My Tiger Jungle #5

#### Reference:

https://www.pinterest.com/pin/338825571959858245/





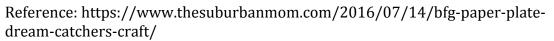
#### 3. Dreamcatcher

#### Items needed:

- Paper plates (cheap, uncoated plates)
- Scissors
- Yarn (various colors)
- Pony Beads (various colors)
- Single hole puncher
- Feathers
- Markers/Crayons
- Glue

#### Requirements met

Tigers: Stories in Shapes #3Bears: Beat of the Drum #3



## 3. Fishing poles

#### Items Needed

- 4- to 5-foot stick of bamboo
- 6-feet of waxed twine
- Wooden bead
- Paper clip
- Cheese

Begin with a 4- to 5-foot stick of sturdy bamboo. Use a 6-foot length of waxed twine for the line. Lay about 3 inches of it along the top of the pole. Holding twine to the pole, wrap upwards back to top. Knot tightly.

For a bobber, knot a wooden bead onto the line a foot and a half from the end. Tie a paper clip to the end of the string for your hook; for bait, skewer a piece of firm cheese (Swiss or cheddar) with the paper clip. Tell kids to keep an eye on the bobber; fish will gather beneath it.

#### Requirements met

• Bears: A Bear Goes Fishing #3

#### Reference:

https://www.marthastewart.com/273043/bamboo-fishing-pole?czone=holiday/sixty-days-of-summer/activities&center=276964&gallery=274922&slide=273043





## 12:00 PM: Lunch

## Menu:

Main Course: WebelosSides: Bears, Wolves

• Snacks: Tigers

## Requirements Met:

Tigers: Tiger Bites #6; Games Tigers Play #2

Wolves: Running With the Pack #6 Bears: Bear Picnic Basket #2, #3, #5

Webelos: Cast Iron Chef #1, #2, #3; Castaway #1A, #1B

## 1:30 PM: Buddy Scavenger Hunts and Games

Go over the buddy system and why we use it Go over the Cub Scout Six Essentials Go over Outdoor Code/Leave No Trace (posters, what does it mean)

#### References:

http://www.ultimatecampresource.com/site/camp-activity/scavenger-hunt-with-a-twist.html

http://www.ultimatecampresource.com/site/camp-activity/silly-symphony.html http://www.ultimatecampresource.com/site/camp-activity/swamp.html http://www.ultimatecampresource.com/site/camp-activity/the-wonder-of-nature.html

https://www.pinterest.com/pin/152489137360200837/

#### **Tigers**

## Backyard Jungle

- 1. With your parent, guardian, or other caring adult (referred to in the handbook as "your adult partner"), go for a walk outside and pick out two or more sights or sounds of "nature" around you. Discuss with your partner or den.
- 2. Take a 1-foot hike. Make a list of the living things you find on your 1-foot hike. Discuss these plants or animals with your parent, guardian, or other caring adult, or with your den.

#### Wolves

Call of the Wild

- 3. Do the following:
- A. Recite the Outdoor Code with your leader.
- B. Recite the Leave No Trace Principles for Kids with your leader. Talk about how these principles support the Outdoor Code.
- C. After your outdoor activity or campout, list the ways you demonstrated being careful with fire or other dangers.

#### Air of the Wolf

2 A. With other members of your den, go outside and record the sounds you hear. Identify which of these sounds is the result of moving air.

#### Code of the Wolf

2 A. With other members of your den or family, identify three different types of shapes that you see in nature.

#### Bears

Fur. Feathers, and Ferns

5. Use a magnifying glass to examine plants more closely. Describe what you saw through the magnifying glass that you could not see without it.

#### Webelos

Into the Woods

- 1. Identify two different groups of trees and the parts of a tree.
- 2. Identify four trees common to the area where you live. Tell whether they are native to your area. Tell how both wildlife and humans use them.
- 3. Identify four plants common to the area where you live. Tell which animals use them and for what purpose.

#### AOL

#### Outdoorsman

5. Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them while you are working on your Arrow of Light. After one outing, list the things you did to follow the Outdoor Code and Leave No Trace.

## 2:30 PM: Water Olympics

Divide into two teams, evening out dens and siblings among each team.

#### **Beach Towel Volleyball**

#### Items Needed:

- Two Beach Towels
- Water balloons
- Vollevball net
- Dry erase board for keeping score

Form 2 teams. Have each team stand on either side of the volleyball net. Have each team divide into pairs. Each pair should have one towel and each person should grab 2 corners of the towel so that it is spread out between the pair.

A water balloon is placed on the towel of one of the pairs. The pair must then work together to lift their towel so that the balloon is propelled into the air, across the net to the other team. One of the pairs on the other team must then try to catch the balloon with their towel and return it the same way.

As in regular volleyball, a team scores a point when the balloon hits the ground on the other side of the net.

#### Requirements Met

Tigers: Games Tigers Play A, B, C

#### Reference:

http://www.ultimatecampresource.com/site/camp-activity/beach-towel-volleyball.html

## **Water Balloon Toss Relay**

## Items Needed

- Water balloons
- Cones

#### Requirements Met

• Wolves: Running With the Pack #1

#### Reference:

http://www.ultimatecampresource.com/site/camp-activity/water-balloon-toss-relay.html

## **Water Cup Derby**

#### Items Needed:

- Cups with holes in them
- Large water bucket or cooler filled with water
- Two buckets with measurements on them
- Dry erase board (to keep score)

Form 2 or more teams. As in any relay race, have a starting line and a finishing line.

Each team member must fill the cup with water from the communal water bucket, put it over their head and run to the bucket and pour it in.

The team that finishes first gets 5 points, but the team that has the most water in the bucket gets 10. You may vary the relay race by making it into an obstacle course or adding other components, but what makes this one fun is the fact that the children get wet.

### Incorporate

Wolves - Running With the Pack

- 2. Practice balancing as you walk forward, backward, and sideways.
- 3. Practice flexibility and balance by doing a front roll, a back roll, and a frog stand.
- 5. Do at least two of the following: frog leap, inchworm walk, kangaroo hop, or crab walk.

Reference: http://www.ultimatecampresource.com/site/camp-activity/water-cup-derby.html

#### Wet and Wild Kickhall

#### Items Needed:

- Kickball
- Bases (may be available at dollar store)
- Water hose and source
- Slip and slide
- Water sprinkler
- Bucket or cooler
- Kiddie pool

Before Play Begins-Set up your 4 bases for kick ball

- From home base--have a sprinkler of some kind that the children run through to get to first base.
- At second base--have a large bucket or cooler of water the children dunk their head into.

- At third base--have a kiddie pool filled with water the kids much jump into and wait in until the next kick.
- Between third base and home set up a slip and slide and have children slide to home.

Divide your children into two teams and play with normal kickball rules.

## Requirements Met

Tigers: Games Tigers Play A, B, CWolves: Running With the Pack #4

• Bears: Roaring Laughter #4

Reference: http://www.ultimatecampresource.com/site/camp-activity/wet-and-wild-kick-ball.html

## 4:30 PM: Fishing

Enjoy an hour of fishing at the KT Pond

Bears need to learn about fishing regulations and types of fish in our area.

## Requirements Met

• Bears: A Bear Goes Fishing #1, #2, #4

#### 5:30 PM: Dinner

Menu: TBD

### **Dessert: Ice Cream in a Bag**

#### Ingredients:

- 1/2 cup heavy whipping cream or half and half
- 1 tsp vanilla
- 2 1/2 tsp sugar (we use turbino sugar, but granulated would also work)
- 6 tbs coarse kosher salt
- Ziplock bags (sandwich bags and gallon sized bags)
- ice cubes
- spoons

Place these ingredients into a tightly sealed sandwich sized bag, pressing the air out as you seal it. Then put this into another tightly sealed sandwich bag. Fill a gallon size resealable bag half-way full of ice cubes, and mix with 6 tablespoons of coarse kosher salt. Then put the sealed sandwich-size bag into the middle of the ice, and seal the larger bag. I also recommend doubling up the gallon size bags as well, especially if you have little helpers.

To make the ice cream, get moving! You need to shake the bag for about 5-10 minutes. We run and play tag and other chasing games, and toss the bag to each other.

Reference: http://www.growingajeweledrose.com/2013/07/summer-fun-ice-cream-in-bag.html?m=1

## 6:30 PM: Free Play

## **Construction Activity**

• What can you build with mini marshmallows and toothpicks?

#### Game Time

• Board games will be set out for play

## 8:00 PM: Astronomy Program

Junior Ranger Program - Night Sky

#### **Tigers**

Sky is the Limit

- 1. With your den or with your parent, guardian, or other caring adult, go outside to observe the night sky. Talk about objects you see or might see.
- 4. Observe in the sky or select from a book, chart, computer, or electronic device two constellations that are easy to see in the night sky. With your parent, guardian, or other caring adult, find out the names of the stars that make up the constellation and how the constellation got its name. Share what you found with your den.

#### Webelos

Adventures in Science

3. F. Study the night sky. Sketch the appearance of the North Star (Polaris) and the Big Dipper (part of the Ursa Major constellation) over at least six hours (which may be spread over several nights). Describe what you observed, and explain the meaning of your observations.

10:00 PM: Lights Out

## All Day Participation Requirements Met

#### Summertime Pack Award

• June Pack gathering requirement

## **Cub Scout Outdoor Activity Award**

Participate in an activity outdoors

#### Wolves

Call of the Wild

- 1. Attend one of the following:
- A. A pack or family campout
- B. An outdoor activity with your den or pack

#### **Bears**

**Bear Neccessities** 

- 1. While working on your Bear badge, attend one of the following:
  - A daytime or overnight campout with your pack or family
  - B. An outdoor activity with your den or pack
- 2. Make a list of items you should take along on the activity selected in requirement 1.
- 3. Make a list of equipment that the group should bring along in addition to each
- 4. Help set up a tent. Determine a good spot for the tent, and explain to your den leader why you picked it.

#### Webelos

Outdoorsman (Camper in handbook)

Complete Option A or Option B. Option A:

- 1. With the help of your den leader or family, plan and participate in a campout.
- 2. On arrival at the campout, with your den and den leader or family, determine where to set up your tent. Demonstrate knowledge of what makes a good tent site and what makes a bad one. Set up your tent without help from an adult.
- 3. Once your tents are set up, discuss with your den or family what actions you should take in the case of the following extreme weather events which could require you to evacuate:
- A. Severe rainstorm causing flooding
- B. Severe thunderstorm with lightning or tornadoes
- C. Fire, earthquake, or other disaster that will require evacuation. Discuss what you have done to minimize as much danger as possible.
- 4. Show how to tie a bowline. Explain when this knot should be used and why. Teach it to another Scout who is not a Webelos Scout.